KANCHENJUNGA GUIDES NEPAL
PEOPLE · MOUNTAINS · MEANINGFUL JOURNEYS



EASTERN NEPAL · KANCHENJUNGA CONSERVATION AREA

Makalu Base Camp Trek

Eighteen days from the Arun valley over the Shipton La to the foot of Makalu, the world's fifth-highest mountain.

18	4,870 m	Challenging	Spring · Autumn
DAYS	HIGHEST POINT	GRADE	BEST SEASONS

kanchenjungaguides.com

THE JOURNEY

Journey to the Foot of the World's Fifth-Highest Mountain

The first light reaches Makalu before anything else. From your tent or lodge at Makalu Base Camp, the great south face, a sheer pyramid of black granite and ice, turns pink, then gold, high above the Barun Glacier. You are standing at 4,870 metres beneath the fifth-highest mountain on Earth, at the head of a valley that still feels untouched by the modern world.

The Makalu Base Camp Trek is a 18-day journey into the Makalu Barun National Park, climbing from the warm, terraced hills of the Arun valley to the cloud forests of Tashigaon, over the high Shipton La and into the wild Barun Valley. It is a trek for people who want the real Himalaya: quiet trails, simple lodges, dramatic scenery and a local team that knows these valleys well.

AT A GLANCE

DURATION
18 days · 15 on the trail

HIGHEST POINT
4,870 m · Makalu Base Camp

HIGHEST OVERNIGHT
4,870 m · Makalu Base Camp

GRADE
Challenging

GROUP SIZE
1 - 13 people

ACCOMMODATION
Hotel & mountain teahouses

MEALS ON TREK
Breakfast, lunch & dinner

BEST SEASONS
Mar–May · Sep–Nov

STARTS / ENDS
Kathmandu / Kathmandu

TRIP HIGHLIGHTS

- Stand beneath Makalu, the world’s fifth-highest mountain
- Cross the Shipton La and Keke La passes
- Walk from the subtropical Arun valley to high alpine pastures
- Reach Makalu Base Camp (4,870 m) at the head of the Barun valley
- Explore the pristine Makalu Barun National Park
- Meet Rai and Sherpa communities in remote hill villages

IS THIS TREK FOR YOU?

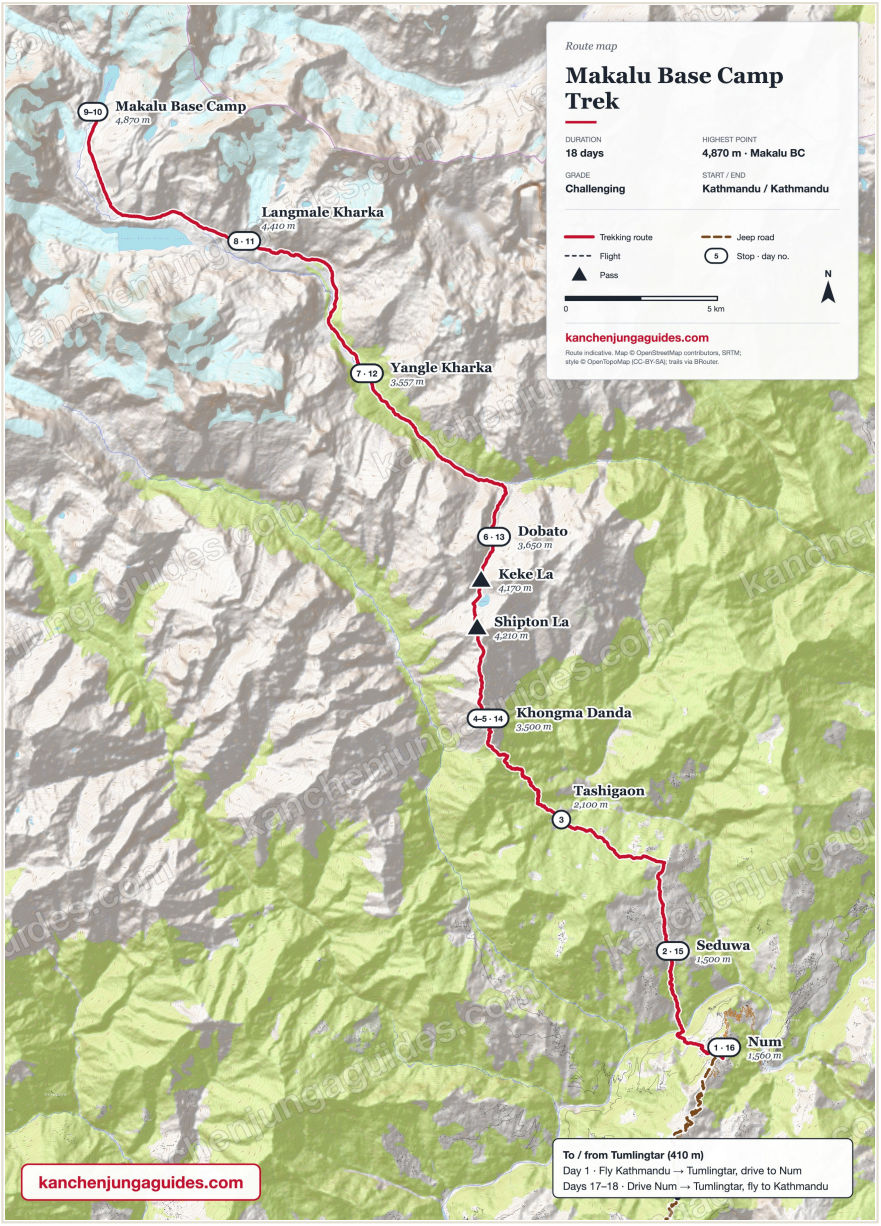
Easy · Moderate · **Challenging** · Strenuous

— Good fitness and previous trekking experience
— Walking 5–7 hours a day, several days in a row
— Comfortable with basic mountain lodges

This is a long, remote trek for people who already enjoy multi-day hiking. You will walk five to seven hours on most days on steep, rough trails, sleep as high as 4,870 m at Makalu Base Camp and reach 4,870 m at Makalu Base Camp. Lodges in the upper valleys are simple. If you are fit, patient with altitude and happy to trade comfort for wilderness, it is one of the great walks of the Himalaya.

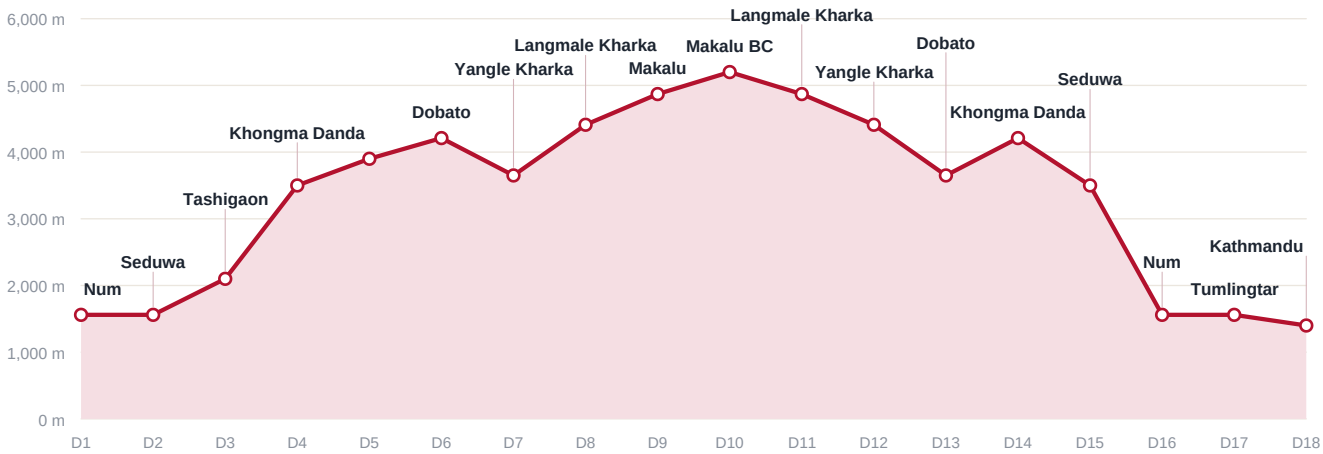
ROUTE

Route map & altitude profile



Every overnight stop is marked with its day number(s). Tap the map for the full-resolution version you can zoom.

ALTITUDE PROFILE



ITINERARY

Your 18 days at a glance

DAY	ROUTE	OVERNIGHT	ALTITUDE	WALK / D
01	Fly from Kathmandu to Tumlingtar & Drive to Num	**Num**	1,560 m	4–5 hours
02	Trek from Num to Seduwa	**Seduwa**	1,500 m	5–6 hours
03	Trek from Seduwa to Tashigaon	**Tashigaon**	2,100 m	4–5 hours
04	Trek from Tashigaon to Khongma Danda	**Khongma Danda**	3,500 m	6–7 hours
05	Acclimatisation Day in Khongma Danda	**Khongma Danda**	3,500 m	3–4 hours
06	Cross the Shipton La & Trek to Dobato	**Dobato**	3,650 m	7–8 hours
07	Trek from Dobato to Yangle Kharka	**Yangle Kharka**	3,557 m	6–7 hours
08	Trek from Yangle Kharka to Langmale Kharka	**Langmale Kharka**	4,410 m	5–6 hours
09	Trek from Langmale Kharka to Makalu Base Camp	**Makalu Base Camp**	4,870 m	4–5 hours
10	Explore Makalu Base Camp & Surrounding Viewpoints	**Makalu Base Camp**		4–5 hours
11	Trek from Makalu Base Camp to Langmale Kharka	**Langmale Kharka**	4,410 m	3–4 hours
12	Trek from Langmale Kharka to Yangle Kharka	**Yangle Kharka**	3,557 m	4–5 hours
13	Trek from Yangle Kharka to Dobato	**Dobato**	3,650 m	6–7 hours
14	Cross the Shipton La & Keke La to Khongma Danda	**Khongma Danda**	3,500 m	6–7 hours
15	Trek from Khongma Danda to Seduwa	**Seduwa**	1,500 m	7–8 hours
16	Trek from Seduwa to Num	**Num**	1,560 m	5–6 hours
17	Drive from Num to Tumlingtar	**Tumlingtar**	410 m	4–5 hours
18	Fly from Tumlingtar to Kathmandu	**Kathmandu**	1,400 m	

Acclimatisation / rest day

DAY BY DAY

The trek, day by day

01 Fly from Kathmandu to Tumlingtar & Drive to Num

Drive 4–5 hours **Approx. 70 km** **Max 1,560 m**

Early in the morning we transfer to the domestic terminal for the scenic 40-minute flight to Tumlingtar (410 m). On a clear day the Himalaya line the northern horizon, with Makalu and the peaks of the Everest region visible from the left side of the plane. From Tumlingtar we meet our jeep and drive up to Khandbari, the district headquarters of Sankhuwasabha, then follow a rough mountain road along the ridge through terraced fields, small bazaars and cardamom farms. The views open up over the deep Arun valley as we climb.

Overnight: Teahouse in Num · Meals: Breakfast, Lunch & Dinner

02 Trek from Num to Seduwa

Trek 5–6 hours **Approx. 8–9 km** **Max 1,560 m**

After breakfast, we start the trek with a long, steep descent from Num through farmland and patches of forest, all the way down to the Arun River (around 800 m). It is warm down here, and the river is wide and powerful as it cuts its way south through the hills. We cross the Arun on a long suspension bridge and then climb steadily up the other side through terraced fields, bamboo and small Rai villages.

Overnight: Teahouse in Seduwa · Meals: Breakfast, Lunch & Dinner

03 Trek from Seduwa to Tashigaon

Trek 4–5 hours **Approx. 9–10 km** **Max 2,100 m**

After breakfast, we continue along a gentler trail that climbs gradually above the Kasuwa Khola. We walk through fields of millet and cardamom, pass small streams and waterfalls, and walk through the scattered houses of Rai and Sherpa families. The trail passes through the village of Narbugaon and the forest grows thicker as we gain height. Prayer flags and small mani stones begin to appear, a sign that we are moving into the higher, more Buddhist part of the valley.

Overnight: Teahouse in Tashigaon · Meals: Breakfast, Lunch & Dinner



Snow peaks above the forest on the trek to Makalu.

04 Trek from Tashigaon to Khongma Danda

Trek 6–7 hours | **Approx. 7–8 km** | **Max 3,500 m**

Today is one of the hardest climbing days of the trek. After an early breakfast we leave Tashigaon and climb steeply through dense forests of rhododendron, oak and fir, gaining around 1,400 metres in a single day. We pass the clearings of Dhara Kharka and Unshisa, taking regular breaks to catch our breath. In spring the forest is full of flowering rhododendrons, and in autumn the views back over the lower hills are clear and wide.

Overnight: Teahouse in Khongma Danda · Meals: Breakfast, Lunch & Dinner

05 Acclimatisation Day in Khongma Danda

Trek 3–4 hours | **Approx. 4–5 km (side hike)** | **Max Approx. 3,900 m**

Today we rest and acclimatise before crossing the high passes. After a relaxed breakfast we take a short hike up the ridge above Khongma Danda, climbing to around 3,900 metres to help our bodies adapt to the altitude. From the higher ground there are wonderful views of Makalu, Chamlang and the peaks of the Barun region, and on a clear morning the long chain of the eastern Himalaya stretches away to the horizon.

Overnight: Teahouse in Khongma Danda · Meals: Breakfast, Lunch & Dinner

06 Cross the Shipton La & Trek to Dobato

Trek 7–8 hours | **Approx. 10–12 km** | **Max 4,210 m**

After an early breakfast we climb above Khongma Danda to the Shipton La (4,210 m), decorated with prayer flags and stone cairns. The pass is named after the British explorer Eric Shipton, who explored this area in the 1950s. The trail continues past the small glacial lake of Kalo Pokhari and up over the Keke La (4,170 m). On a clear day the views are outstanding, with Makalu, Chamlang, Baruntse and even Kanchenjunga visible from the high ground.

Overnight: Teahouse in Dobato · Meals: Breakfast, Lunch & Dinner



Golden grasslands below the snowy Makalu region peaks.

07 Trek from Dobato to Yangle Kharka

Trek 6–7 hours · **Approx. 12–13 km** · **Max 3,650 m**

After breakfast, we leave Dobato and descend steeply through old forests of fir, birch and rhododendron to the banks of the Barun River. The trail can be muddy and rocky in places, so we take our time. At the river we turn north and follow the Barun valley upstream. Huge granite walls rise on both sides, waterfalls pour down from the cliffs, and the forest slowly opens into grassy clearings as we pass the small camp of Tematang.

Overnight: Teahouse in Yangle Kharka · Meals: Breakfast, Lunch & Dinner

08 Trek from Yangle Kharka to Langmale Kharka

Trek 5–6 hours · **Approx. 10–12 km** · **Max 4,410 m**

After breakfast, we continue up the Barun valley as the landscape becomes higher, wider and more alpine. The last trees disappear and the trail climbs gently through juniper scrub, yak pastures and boulder fields. We pass the herders' settlements of Nehe Kharka and Merek, and the peaks around us grow bigger with every step. Peak 6 and Peak 7 tower above the valley, and the first glimpses of the giants at its head begin to appear. In the afternoon we reach Langmale Kharka, a high pasture surrounded by snow peaks.

Overnight: Teahouse in Langmale Kharka · Meals: Breakfast, Lunch & Dinner

09 Trek from Langmale Kharka to Makalu Base Camp

Trek 4–5 hours · **Approx. 8–9 km** · **Max 4,870 m**

Today is the day we reach our goal. After breakfast we follow the wide glacial valley north beside the moraines of the Barun Glacier, walking slowly in the thin air across rocky ground and small streams. As we round the final bend, the south face of Makalu (8,485 m) suddenly fills the head of the valley, rising more than three and a half kilometres above us. It is one of the most dramatic mountain views anywhere in the Himalaya.

Overnight: Teahouse/lodge at Makalu Base Camp · Meals: Breakfast, Lunch & Dinner



Golden morning light on the Makalu region peaks.

10 Explore Makalu Base Camp & Surrounding Viewpoints

Trek 4–5 hours · **Optional hikes** · **Max Approx. 5,200 m**

We wake early to see the first sunlight on Makalu, one of the highlights of the whole trip. After breakfast we set out to explore the area around Base Camp. For those feeling strong, we hike up the moraine ridge above the Barun Glacier to a viewpoint at around 5,200 metres. From here, on a clear morning, the views reach to Chamlang, Baruntse and even Everest and Lhotse far to the west. Others can take a gentler walk to the glacier lakes near camp.

Overnight: Teahouse/lodge at Makalu Base Camp · Meals: Breakfast, Lunch & Dinner

11 Trek from Makalu Base Camp to Langmale Kharka

Trek 3–4 hours · **Approx. 8–9 km** · **Max 4,870 m**

After a last look at Makalu's south face in the morning light, we say goodbye to Base Camp and begin the walk back down the wide glacial valley beside the Barun Glacier. It is a short, easy day, and with the mountain behind us we notice new views of the peaks lining the valley that we missed on the way up. The thicker air makes every step feel lighter.

Overnight: Teahouse in Langmale Kharka · Meals: Breakfast, Lunch & Dinner

12 Trek from Langmale Kharka to Yangle Kharka

Trek 4–5 hours · **Approx. 10–12 km** · **Max 4,410 m**

After breakfast, we continue down the Barun valley through the yak pastures of Merek and Nehe Kharka, with the river beside us and the peaks slowly falling behind. The juniper scrub gives way to the first trees again, and the valley becomes greener and warmer as we lose height. It is a pleasant, steady walk with plenty of time to stop for photos. In the afternoon we return to Yangle Kharka, back among the forest. We check into the lodge and enjoy a warm evening after another beautiful day in the Barun.

Overnight: Teahouse in Yangle Kharka · Meals: Breakfast, Lunch & Dinner



Alpine lakes sparkle below the trail to Makalu.

13 Trek from Yangle Kharka to Dobato

Trek 6–7 hours · **Approx. 12–13 km** · **Max 3,650 m**

After breakfast, we follow the Barun River downstream past the waterfalls and granite walls of the lower valley, then leave the river and begin the steep climb back to Dobato. The trail climbs through mossy forests of fir and rhododendron, where you may hear birds and, if you are very lucky, spot signs of red pandas or musk deer that live in this protected forest. In the afternoon we reach Dobato, our base for tomorrow's crossing of the passes. We rest and prepare for one more high day.

Overnight: Teahouse in Dobato · Meals: Breakfast, Lunch & Dinner

14 Cross the Shipton La & Keke La to Khongma Danda

Trek 6–7 hours · **Approx. 10–12 km** · **Max 4,210 m**

After an early breakfast we climb back up to the Keke La (4,170 m) and continue past Kalo Pokhari to the Shipton La (4,210 m). Having acclimatised at Base Camp, this crossing usually feels much easier than the first time. From the passes we enjoy a final panorama of Makalu and the eastern Himalaya, a fitting farewell to the high country. Take a moment at the prayer flags before starting the descent.

Overnight: Teahouse in Khongma Danda · Meals: Breakfast, Lunch & Dinner

15 Trek from Khongma Danda to Seduwa

Trek 7–8 hours · **Approx. 16–18 km** · **Max 3,500 m**

Today is a long descent of around 2,000 metres, so trekking poles are very helpful. We drop steeply through the rhododendron and oak forests we climbed on the way up, back to Tashigaon, where we stop for lunch. From Tashigaon the trail continues down through cardamom fields and terraced farms, and the air becomes warmer and greener with every step. It is a good chance to look back on how far you have come.

Overnight: Teahouse in Seduwa · Meals: Breakfast, Lunch & Dinner



Green forested hills and village houses in the lower valley

16 Trek from Seduwa to Num

Trek 5–6 hours **Approx. 8–9 km** **Max 1,560 m**

After breakfast, we make our last descent to the Arun River, crossing the suspension bridge we walked over at the start of the trek. The valley floor is warm, so we start early to avoid the midday heat. From the river comes the final climb of the trek, a steady pull up through farms and villages to Num. It is hard work, but the views back over the Arun valley and the peaks behind make it worthwhile. In the afternoon we reach Num, the end of the walking.

Overnight: Teahouse in Num · Meals: Breakfast, Lunch & Dinner

17 Drive from Num to Tumlingtar

Drive 4–5 hours **Approx. 70 km** **Max 1,560 m**

After breakfast, we say goodbye to Num and drive back along the ridge road through Khandbari and down to Tumlingtar. The road is rough in places, but the views of the Arun valley and the terraced hills are beautiful, and it is a relaxing way to look back on the trek. In the afternoon we reach Tumlingtar, check into the hotel and enjoy a hot shower and a quiet evening in this warm riverside town.

Overnight: Guest house/hotel in Tumlingtar · Meals: Breakfast, Lunch & Dinner

18 Fly from Tumlingtar to Kathmandu

Max 1,400 m

In the morning we take the short scenic flight back to Kathmandu, with a final view of the Himalaya from the window. On arrival, we transfer you to your hotel in Kathmandu. The rest of the day is free to rest, shop or explore the city. This marks the end of your Makalu Base Camp Trek. We hope to welcome you back to the mountains of eastern Nepal again soon.

Overnight: Hotel in Kathmandu · Meals: Breakfast



A Himalayan view from the Makalu Base Camp Trek

THE DETAILS

What's included

INCLUDED

+ Airport pick-up and drop-off (car, jeep or minibus, depending on group size)
+ Kathmandu-Tumlingtar-Kathmandu Domestic Flight for Clients and one Guide.
+ Tumlingtar-Num toward trek and Num-Tumlingtar way back after the Trek Drive by shared or private Jeep
+ All accommodation on the trek (teahouses, local lodges or homestays)
+ Three meals a day on the trek (breakfast, lunch and dinner)
+ Makalu Barun National Park Entry Permit
+ Trekkers Information Management System (TIMS Permit)
+ Local Government (Makalu Rural Municipality) fee.
+ An experienced, English-speaking, government-licensed and first-aid-trained local Kanchenjunga guide, plus an assistant guide for groups of more than six
+ Expert local porters (Each 2 trekkers: 1 porter)
+ Duffel bag (returned after the trek) and a trekking map; down jacket and sleeping bag available to rent
+ First-aid kit carried by your guide
+ All staff costs: salary, insurance, equipment, transport, food and accommodation
+ Rescue arrangements if needed
+ All government and local taxes, service charges and VAT
+ Trek achievement certificate
+ Equipment rental (down jacket and sleeping bag, if needed)

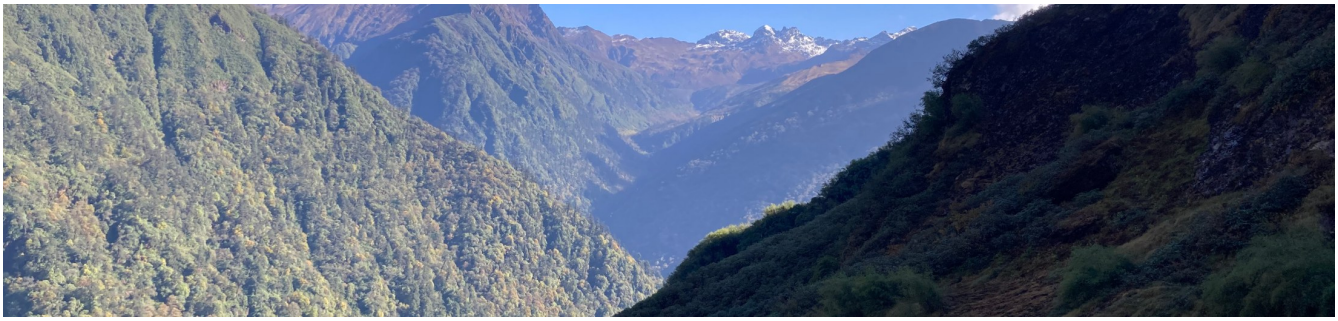
NOT INCLUDED

– International flights and Nepal visa fee
– Hotel nights in Kathmandu (we can book them for you)
– Extra nights in Kathmandu from early arrival, late departure or an early return from the trek
– Meals in Kathmandu
– Personal travel insurance covering medical treatment, emergency evacuation, loss and theft
– Personal gear and equipment
– Personal expenses such as laundry, hot showers, battery charging and Wi-Fi
– Entry fees for sightseeing in Kathmandu (temples, monasteries)
– Tips for your guide and porters

PRICE PER PERSON

Solo Traveller (1 Pax)	**US$1,550**
Couple or Friends (2 Pax)	**US$1,490**
Small Group (3 - 5 Pax)	**US$1,450**
Medium Group (6 - 9 Pax)	**US$1,399**

Prices are per person in US dollars and correct at the time of printing. A 20% deposit confirms your place. For current prices, private dates and availability, visit kanchenjungaguides.com/makalu-base-camp-trek.



Snow peaks at the head of a green valley on the trek to Makalu.

Safety, altitude & logistics

Altitude & acclimatisation

The itinerary climbs gradually, with an acclimatisation day at Khongma Danda (Day 5) before you sleep at Makalu Base Camp (4,870 m). Your guide checks on you every day for signs of altitude sickness — headache, nausea, dizziness, poor sleep — and will slow the pace or descend if needed. Drink plenty of water and tell your guide early if you feel unwell.

Permits & paperwork

We arrange your Makalu Barun National Park Entry Permit, TIMS card and Local Government (Makalu Rural Municipality) fee. You need a passport valid for at least six months; we will tell you exactly which documents and photos to send.

Lodges, money & connectivity

Teahouses are simple, family-run lodges with twin rooms and shared toilets; hot showers, device charging and Wi-Fi often cost extra in the upper valleys. Carry enough Nepali rupees in cash for extras and tips — there are no ATMs on the trail. Phone signal is patchy in the high valleys.

Your guide & crew

You are led by a government-licensed, first-aid-trained local guide, with an assistant guide for groups of more than six and one porter for every two trekkers. Our staff are insured, equipped and fed on the trail, and your guide carries a first-aid kit. If a rescue is needed, we arrange it.

Getting there & back

You fly from Kathmandu to Tumlingtar in the Arun valley, then drive by jeep to Num. At the end you drive back from Num to Tumlingtar for the flight to Kathmandu. Mountain flights and roads can be delayed by weather or landslides, so we recommend keeping one or two spare days in Kathmandu after the trek.

Travel insurance

You need personal travel insurance that covers medical treatment and emergency helicopter evacuation at high altitude (to at least 5,500 m), as well as trip cancellation. Please send us your policy details before departure.

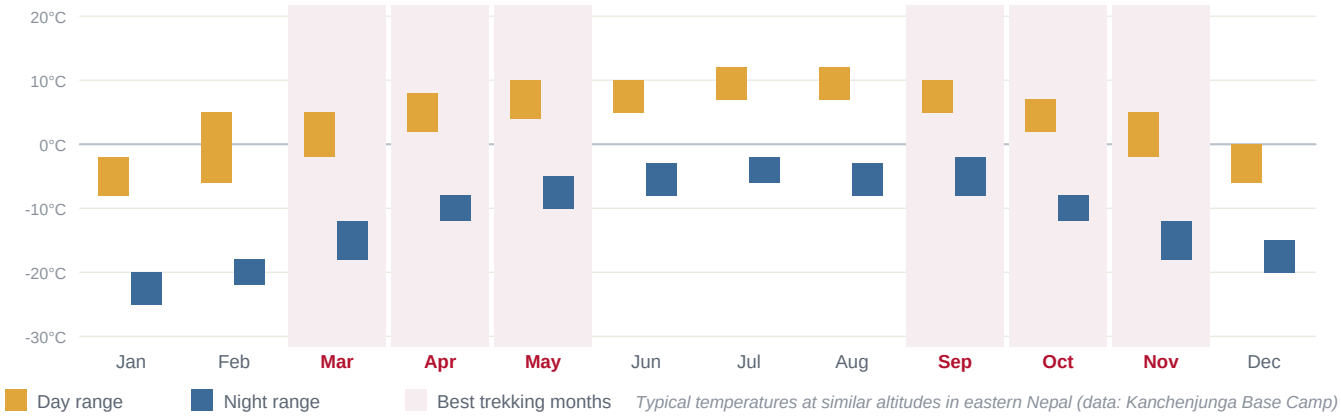


Distant snow peaks seen from the trail to Makalu.

PLANNING

When to go & what to pack

The best months are March to May, when rhododendrons bloom in the lower forests, and late September to November, when the skies are clearest and the views sharpest. Winter brings deep snow to the high valleys and passes, and some lodges close; June to August is the monsoon, with cloud, rain, leeches and landslide-prone roads.



Typical temperatures at similar altitudes in eastern Nepal (data: Kanchenjunga Base Camp)

ESSENTIAL PACKING CHECKLIST

Clothing & Layering

- ☐ Moisture-wicking T-shirts · 2–3
- ☐ Long-sleeve trekking shirts · 1-2 pair
- ☐ Thermal/base-layer top · 1–2 pair
- ☐ Thermal/base-layer bottom · 1–2 pair
- ☐ Fleece jacket or pullover · 1 pair
- ☐ Down or insulated jacket · 1 pair

Sleeping Gear

- ☐ Four-season sleeping bag · 1
- ☐ Sleeping bag liner · 1
- ☐ Sleeping bag compression sack · 1
- ☐ Lightweight travel pillow · 1
- ☐ Inflatable or compact sleeping pad · 1
- ☐ Earplugs · 1 pair

Sun & Eye Protection

- ☐ UV-protection sunglasses · 1 pair
- ☐ Spare sunglasses · 1 pair
- ☐ Sunglasses case · 1
- ☐ Sunscreen SPF 30–50+ · 1 bottle
- ☐ Lip balm with SPF · 1
- ☐ Sun hat or wide-brim trekking hat · 1

Trekking Footwear

- ☐ Waterproof trekking boots · 1 pair
- ☐ Trekking socks · 3–4 pair
- ☐ Lightweight liner socks · 1–2 pair
- ☐ Camp shoes or sandals · 1 pair
- ☐ Waterproof gaiters · 1 pair
- ☐ Spare lightweight footwear · 1 pair

Trekking Equipment

- ☐ Trekking poles · 1 pair
- ☐ Headlamp with spare batteries · 1
- ☐ Waterproof headlamp pouch · 1
- ☐ Microspikes · 1 pair
- ☐ Small day-use towel · 1
- ☐ Multi-purpose pocket knife · 1

Personal Hygiene & Toiletries

- ☐ Toothbrush · 1
- ☐ Toothpaste · 1 small tube
- ☐ Biodegradable soap · 1 small bar or bottle
- ☐ Hand sanitizer · 1 small bottle
- ☐ Wet wipes · 1–2 packs
- ☐ Toilet paper · 2–3 rolls

Backpacks & Bags

- ☐ Trekking backpack/daypack · 25–35 liters
- ☐ Main duffel or trekking bag · 50–70 liters
- ☐ Waterproof backpack rain cover · 1
- ☐ Waterproof duffel bag liner · 1
- ☐ Dry bags or waterproof pouches · 2–3
- ☐ Small waist or security pouch · 1

Head, Hand & Neck Protection

- ☐ Warm wool or fleece hat · 1
- ☐ Sun hat or trekking cap · 1
- ☐ Buff or neck gaiter · 1–2
- ☐ Fleece neck warmer · 1
- ☐ Insulated trekking gloves · 1 pair
- ☐ Waterproof outer gloves · 1 pair

First Aid & Personal Medicines

- ☐ Personal prescription medicines — As required
- ☐ Basic first-aid kit · 1
- ☐ Adhesive bandages · 1 small pack
- ☐ Blister treatment patches · 1 small pack
- ☐ Antiseptic wipes or solution · 1 small pack
- ☐ Sterile gauze pads · 2–4

Down jacket and sleeping bag can be rented through us. Your full packing list, with notes for each season, is on our website and in your pre-departure pack.

WHO YOU TRAVEL WITH

Why Kanchenjunga Guides



Madan Neupane

FOUNDER, KANCHENJUNGA GUIDES

Madan Neupane, the founder of Kanchenjunga Guides Nepal, has spent more than two decades working in Nepal's trekking and adventure tourism industry. His journey began on the Himalayan trails, where he worked as a trekking porter before progressing to become a professional trekking guide and eventually establishing his own trekking company. His experience in the mountains was built not only through guiding trekkers but also through years of walking remote trails, staying in mountain villages, working alongside local communities, and understanding the challenges and rewards of trekking in Nepal's less-developed Himalayan regions.

> *"Kanchenjunga is more than a destination for me it is a part of the Himalayas I deeply respect and understand. My goal is to share its remote trails, beautiful landscapes, and unique mountain culture through the knowledge and hospitality of local people."*

Local to Kanchenjunga

Our guides and porters come from the Kanchenjunga region and know its villages, trails and weather.

Fair to our team

One porter for every two trekkers, with insurance, equipment, food and lodging for every staff member.

Everything arranged

Restricted-area permits, domestic flights, jeeps, teahouses and all meals on the trek are handled for you.

Small groups, private dates

From solo travellers to groups of 13, on the dates that suit you.

> *"I loved this trek so much, both for the mountain scenery and for the Limbu village life that you witness. My guide, Kumar, planned carefully the stages, and was very concerned about our safety and not getting lost late in the evening in the mountain areas. I was well acclimatised, so I wanted to do this trek quicker than usual, for what Kumar put not objection. Thanks for that*
>
> **— Josemari M, German, 2022-12**



Terraced fields on the hillsides of the lower Makalu region

READY WHEN YOU ARE

Plan your Makalu Base Camp trek with a local team

1. **Tell us your dates**
   Message us with your preferred month and group size — we reply within one working day with availability and a quote.

2. **Confirm with a deposit**
   A 20% deposit secures your guide, porters, flights and permits.

3. **Prepare with us**
   You receive your packing list, permit checklist and airport pick-up details, and we stay in touch until the day you land.

TALK TO US

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KANCHENJUNGA GUIDES NEPAL
PEOPLE • MOUNTAINS • MEANINGFUL JOURNEYS